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.Update on activities, events, and plans for the League of Women Voters Greater Verde Valley



The Voter

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SPECIAL ANNOUNCEMENT!

Stig-ma

We have allowed stigma to erect barriers around effective treatment and recovery of Mental Illness. It is time to take those barriers down.

Join the community conversation
a
~ Bring Change to Minds ~

Mental Health Awareness Week begins
Monday May 11th
Thanks to our sponsors all events are
FREE !!

Monday, May 11, 9AM-Noon - "In Our Own Voice"
A first-hand account of what it's like to live with a mental illness with a community conversation to follow. Osher Lifelong Learning Institute, Yavapai College, 4215 Arts

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MARK YOUR CALENDAR!

LWV Greater Verde Valley
Annual Meeting:

Saturday, May 30 from 9:30 am to noon at Jerona Java Cafe, 677 E. Mingus Ave., Cottonwood.

Guest Speaker:
Andrea Houchard,
Director
Philosophy in the Public Interest
NAU

Topic: Every Voter Matters!

In politics today many people, especially young people, are convinced that their vote does not count and there really is not much difference between one politician and the next. This is one reason, among others, that people have not been going to the polls in Arizona. This interactive discussion will explore strategies we can use to convince

Village Dr., Rm 34, Sedona. Reserve at 649-0135.

**Monday, May 11, 4 & 7PM - Film "Canvas" Plus Panel
including the Film Maker**

A family is transformed by mental illness when the mother suffers from schizophrenia. Writer/Director Joseph Greco will be present. Mary D. Fisher Theatre, 2030 W. Hwy 89A, Sedona.

Free tickets at the box office or online
www.sedonafilmfestival.org.

**Tuesday, May 12, 1:30PM - Film "Alive Inside"
Plus Harpist Barbie Edwards**

"Alive Inside" chronicles the astonishing experiences of seniors around the country who have been revitalized through the simple experience of listening to music and its healing power that triumphs where prescription medication falls short. Sedona Community Center, 2615 Melody Lane, Sedona Reservations 649-0135.

**Tuesday, May 12, 6:00PM - Film "Bullied to Silence"
Plus Conversation with the Film Makers**

This award-winning documentary gives a voice to the bullied child that will be the positive change to verbal and cyber bullying. Filmmakers, Tami Pivnick and Susan Broude will be present for discussion. Mingus Union High School Auditorium, 1801 E. Fir St., Cottonwood. No reservations needed.

**Tuesday, May 12, 6:30-8:00PM - "Mental Illness and
Children"**

Scott Roderick, Chief Clinical Officer at Spectrum Healthcare, will address the most prevalent mental health problems for children today. Teachers, parents, community members invited. West Sedona School Library, 570 Posse Ground Rd, Sedona. Please reserve at 649-0135.

**Wednesday, May 13, Noon-2PM - "Treating the WHOLE
person
with Purpose and Passion"**

Bring your lunch to this presentation by Dr. Steven Dingle, Chief Medical Officer for the AZ Department of Health Services/Division of Behavioral Health Services. Jewish

people of the importance of voting and encourage them to do it. We will leave with practical strategies for increasing voter turnout in the 2016 election. There will be a special emphasis on reaching young, first-time voters.



**PLEASE email
lwvgvv@gmail.com
your attendance to
the annual meeting
by May 20, 2015.**



Community of Sedona and the Verde Valley,
100 Meadowlark Dr., Sedona. Reserve at 649-0135.

Wednesday, May 13, 1:30PM - Film "Alive Inside"

"Alive Inside" chronicles the astonishing experiences of seniors around the country who have been revitalized through the simple experience of listening to music and its healing power that triumphs where prescription medication falls short. Verde Valley Senior Center, 500 Cherry St., Cottonwood. Reserve at 649-0135.



Wednesday, May 13, 5:30-7:00PM -

A Community Conversation about AHCCCS Services

Representatives of Health Choice Integrated Care will talk about how AHCCCS behavioral health services are improving in this area. Spectrum Healthcare, 8 E. Cottonwood St., Cottonwood. No reservation needed.

LWVGCV Board Members

2014-2015

Ellie Bauer

Ruth Kiessel

Robyn Prud'homme-Bauer

Barbara Litrell

Thursday, May 14, 10:00AM-2:00PM - "Recovery Options"

You or someone you know has been diagnosed with mental illness. Now what? A panel and community conversation will explore recovery options. Light lunch compliments of St. Andrew's Church.

St. Andrew's Episcopal Church, 100 Arroyo Pinon Dr., Sedona. Reserve 649-0135.

Friday, May 15, 9AM-Noon -

"Alternative Healing for Mental Health"

Dr. Oliver Cooperman, Dr. Pam Pappas and Shawna Bowen, better known as "From Rock Star to Therapist." will discuss the alternatives to traditional approaches of treating mental illness. Dance performance by Pash Galbavy and Veteran/Poet Tom Puetz. Church of the Red Rocks, 54 Bowstring Dr., Sedona.



Friday, May 15, 7:00PM - Film "Running From Crazy"

Documentary of Mariel Hemingway and her family's journey living with mental illness.

Old Town Center for the Arts, 5th St. and Main, Cottonwood.
Tickets: 649-0135.

Saturday, May 16, 10:00AM-11:00AM ~

**The League of Women Voters,
a nonpartisan political organization, encourages informed and active participation in government, works to increase understanding of major public policy issues, and influences public policy through education**

"The Faces of Compassion for Mental Illness"

and advocacy.

A community gathering and portrait ceremony to honor those we have lost to mental illness and to show support of individuals living with mental illness as well as their families and caregivers.

Tlaquepaque Arts & Crafts Village, 336 Hwy 179, Sedona.

Join us!

For more information call Barbara Litrell at 649-0135 or Email

blitrell@aol.com

www.mentalhealthcoalitionvv.org

Visit us on Facebook

**Mental Health Coalition Verde
Valley ~ Bringing Change to
Minds**

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